

# City & Guilds Introductory Programme - Knitting

## CGI.M1.D3: Let's fill that sketchbook!



### Introduction

For this exercise I would like you to have some fun with your sketchbook – don't think too hard - be playful!

Remember this is your sketchbook – no-one else will see it unless you would like them to – it's your space to explore and experiment.

If you buy some new pens, use your sketchbook to try out all the colours.

New paints? Paint up a few pages as we did for the previous lesson.

Found an unlabelled art product at the back of a cupboard? Dig it out and see what it does.

### Objective:

Aim to fill another 12 pages in your sketchbook – this time using your choice of materials. You can use any combination of pen/pencil/paint/found materials – the only stipulation is that you really cover the pages so you could:

- overlay colours and fill in gaps with paint or found papers,
- collage papers over one another and run a paint wash over the top
- use unusual materials as 'brushes' – a chopstick, a twig, an (old) knitting needle, a kitchen sponge
- cut up polystyrene and use as a stamp/blockprint,
- use straws to create blow pictures (wet the paper, drop on paint and blow through the straw to move the paint around)
- dampen some leaves, stick down with pva then 'glaze' with dilute PVA on top
- add words, your favourite poem, a line from a book or film, place names, your favourite foods
- remember making wax crayon drawings at school? Cover a page in crayon, paint over with black paint (you'll probably need acrylic or poster paint) then scratch into the surface to reveal the crayon below

Aim to cover your first 12 pages in around an hour – this exercise should be spontaneous and if you deliberate too long you may lose the sense of freedom. Once you've done your 12 pages, photograph them and upload them to your Pinterest board.

At this stage I don't want you to be thinking ahead, planning or being concerned about your sketchbook being 'right'. If you can add something to your sketchbook every day that would be great. It can be a new page or add something to an existing page. Take a page out, tear it up and combine it with a different page. Above all, try to keep the momentum going as much as you can. If you get stuck, just paint up some more pages to give yourself a kickstart!

You may even like to have two books – one to pop in your bag to use 'on the go' – it might have little doodles on supermarket receipts or napkins, quick sketches if that appeals to you, and maybe a larger book to use at home.

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