# City \& Guilds Foundation Programme - Knitting <br> CGF.M2.L01.T: Colourwork - Fair Isle Stranding and weaving in - Tasks 

## Task One

Select three different coloured yarns, choosing one pastel or neutral colour, one strong colour and a contrasting colour.

For example:

- A pale blue, an indigo blue and a yellow
- White, burgundy and orange
- Cream, chestnut brown and pink

Using the chart overleaf, decide which of your colours will be colour A, B and C.
Make a note of this on the chart or in your notebook.
Using a pair of 4 mm (old UK size 8, USA size 6) needles, cast on 24 stitches.
Knit a sample in your choice of colours, following the chart overleaf. Use stranding and weaving in as appropriate, following the guidance in the tutorials.


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